



## Pacific Time Program Schedule . March 30, 2009 - June 28, 2009

## Other Diseases &amp; Conditions

Program	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Alcohol and Drug Addiction	---	---	---	---	---	4:30am 12:30pm 8:30pm	---
Coping with Low Back Pain	---	---	---	4:30am 12:30pm 8:30pm	---	---	---
Depression: Treatments That Work	---	---	---	---	---	---	4:30am 12:30pm 8:30pm
Living with Migraines	---	---	---	---	---	10:30pm	6:30am 2:30pm
Managing Chronic Pain	6:30am 2:30pm	---	---	---	---	---	10:30pm
Managing Side Effects of Anti-Inflammatory Medications	---	---	10:30pm	6:30am 2:30pm	---	---	---
Managing Sinus Problems	---	---	---	---	10:00pm	6:00am 2:00pm	---
Osteoarthritis: Fighting Joint Pain	---	---	---	---	4:30am 12:30pm 8:30pm	---	---
Osteoporosis: Strength For Life	---	11:00pm	7:00am 3:00pm	---	---	---	---
Managing Weight Loss in Children	---	10:30pm	6:30am 2:30pm	---	---	---	---
Your Surgery: Before, During and After	4:30am 12:30pm 8:30pm	---	---	---	---	---	---

Questions for your doctor or nurse: