


Mountain Time Program Schedule . December 15, 2008 - March 29, 2009
Other Diseases & Conditions

Program	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Alcohol and Drug Addiction	---	---	---	---	---	5:30am 1:30pm 9:30pm	---
Coping with Low Back Pain	---	---	---	5:30am 1:30pm 9:30pm	---	---	---
Depression: Treatments That Work	---	---	---	---	---	---	5:30am 1:30pm 9:30pm
Living with Migraines	---	---	---	---	---	11:30pm	7:30am 3:30pm
Managing Chronic Pain	7:30am 3:30pm	---	---	---	---	---	11:30pm
Managing Side Effects of Anti-Inflammatory Medications	---	---	11:30pm	7:30am 3:30pm	---	---	---
Managing Sinus Problems	---	---	---	---	11:00pm	7:00am 3:00pm	---
Osteoarthritis: Fighting Joint Pain	---	---	---	---	5:30am 1:30pm 9:30pm	---	---
Osteoporosis: Strength For Life	---	---	12:00am 8:00am 4:00pm	---	---	---	---
Managing Weight Issues in Children	---	11:30pm	7:30am 3:30pm	---	---	---	---
Your Surgery: Before, During and After	5:30am 1:30pm 9:30pm	---	---	---	---	---	---

Questions for your doctor or nurse: