



Eastern Time Program Schedule . December 15, 2008 - March 29, 2009

Other Diseases & Conditions

Program	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Alcohol and Drug Addiction	---	---	---	---	---	7:30am 3:30pm 11:30pm	---
Coping with Low Back Pain	---	---	---	7:30am 3:30pm 11:30pm	---	---	---
Depression: Treatments That Work	---	---	---	---	---	---	7:30am 3:30pm 11:30pm
Living With Migranes	---	---	---	---	---	---	1:30am 9:30am 5:30pm
Managing Chronic Pain	1:30am 9:30am 5:30pm	---	---	---	---	---	---
Managing Side Effects of Anti-Inflammatory Medications	---	---	---	1:30am 9:30am 5:30pm	---	---	---
Managing Sinus Problems	---	---	---	---	---	1:00am 9:00am 5:00pm	---
Osteoarthritis: Fighting Joint Pain	---	---	---	---	7:30am 3:30pm 11:30pm	---	---
Osteoporosis: Strength For Life	---	---	2:00am 10:00am 6:00pm	---	---	---	---
Managing Weight Issues in Children	---	---	1:30am 9:30am 5:30pm	---	---	---	---
Your Surgery: Before, During and After	7:30am 3:30pm 11:30pm	---	---	---	---	---	---

Questions for your doctor or nurse: