


**Central Time Program Schedule . March 30, 2009 - June 28, 2009**
**Other Diseases & Conditions**

Program	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Alcohol and Drug Addiction	---	---	---	---	---	6:30am 2:30pm 10:30pm	---
Coping with Low Back Pain	---	---	---	6:30am 2:30pm 10:30pm	---	---	---
Depression: Treatments That Work	---	---	---	---	---	---	6:30am 2:30pm 10:30pm
Living With Migraines	---	---	---	---	---	---	12:30am 8:30am 4:30pm
Managing Chronic Pain	12:30am 8:30am 4:30pm	---	---	---	---	---	---
Managing Side Effects of Anti-Inflammatory Medications	---	---	---	12:30am 8:30am 4:30pm	---	---	---
Managing Sinus Problems	---	---	---	---	---	12:00am 8:00am 4:00pm	---
Osteoarthritis: Fighting Joint Pain	---	---	---	---	6:30am 2:30pm 10:30pm	---	---
Osteoporosis: Strength For Life	---	---	1:00am 9:00am 5:00pm	---	---	---	---
Your Surgery: Before, During and After	6:30am 2:30pm 10:30pm	---	---	---	---	---	---

**Questions for your doctor or nurse:**