



Program	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Angina: When To Get Help	---	---	---	4:00am 12:00pm 8:00pm	---	---	4:00am 12:00pm 8:00pm
Congestive Heart Failure: Beating the Odds	---	2:30am 10:30am 6:30pm	---	2:30am 10:30am 6:30pm	---	2:30am 10:30am 6:30pm	---
Controlling Hypertension	---	---	---	---	2:30am 10:30am 6:30pm	---	2:30am 10:30am 6:30pm
Deep Vein Thrombosis: Are You At Risk?	4:00am 12:00pm 8:00pm	---	4:00am 12:00pm 8:00pm	---	4:00am 12:00pm 8:00pm	---	---
Going Home on Blood Thinners	---	1:30am 9:30am 5:30pm	---	---	1:30am 9:30am 5:30pm	---	---
Healthy Living after a Heart Attack	---	---	2:30am 10:30am 6:30pm	---	---	---	---
Heart Disease: Recognizing The Risks	2:00am 10:00am 6:00pm	---	---	---	2:00am 10:00am 6:00pm	---	---
Heart Disease: Women At Risk	---	---	---	2:00am 10:00am 6:00pm	---	---	2:00am 10:00am 6:00pm
Irregular Heartbeats: Restoring The Rhythm	---	2:00am 10:00am 6:00pm	---	---	---	---	---
Leg Pain: When To Act	2:30am 10:30am 6:30pm	---	---	---	---	---	---
Stroke Care: Every Minute Counts	---	4:00am 12:00pm 8:00pm	---	---	---	4:00am 12:00pm 8:00pm	---

Questions for your doctor or nurse:

Lifestyle Programs							
Program	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Controlling Cholesterol	---	---	6:00am 2:00pm 10:00pm	---	---	6:00am 2:00pm 10:00pm	---
Patient Safety: Doctors' Stories	---	---	---	---	---	---	5:00am 1:00pm 9:00pm
Healthy Aging	---	---	---	---	---	2:00am 10:00am 6:00pm	---
Hospital Stays: What You Need To Know	---	5:00am 1:00pm 9:00pm	---	5:00am 1:00pm 9:00pm	---	---	---
Managing High Cholesterol	---	6:00am 2:00pm 10:00pm	---	---	6:00am 2:00pm 10:00pm	---	---
Nutritional Needs: Prescription For Health	---	---	8:00am 4:00pm	12:00am	---	---	---
Patient Safety: Doctors' Stories	---	---	---	---	---	---	5:00am 1:00pm 9:00pm
Physical Activity: Improving Your Health	12:00am	---	---	---	---	---	8:00am 4:00pm
Preventing High Cholesterol	6:00am 2:00pm 10:00pm	---	---	6:00am 2:00pm 10:00pm	---	---	6:00am 2:00pm 10:00pm
Smoking Cessation: One Day at a Time	3:30am 11:30am 7:30pm	3:30am 11:30am 7:30pm	3:30am 11:30am 7:30pm	3:30am 11:30am 7:30pm	3:30am 11:30am 7:30pm	3:30am 11:30am 7:30pm	3:30am 11:30am 7:30pm
Staying Safe in the Hospital: Patient Essentials	5:00am 1:00pm 9:00pm	---	---	---	---	5:00am 1:00pm 9:00pm	---
Taking Medications: A to Z	---	---	1:30am 9:30am 5:30pm	---	---	---	---

Questions for your doctor or nurse: