

PARENTING PROGRAMMING
ABOUT

baby AND you



The Patient Channel[®]



Newborn Care

“Newborn Care” provides new parents with an overview of their newborn’s basic needs and helps them begin to bond with their baby. Topics covered include: breastfeeding, formula feeding, bathing, diapering, umbilical cord care, dressing, sleeping, crying and comforting, baby health and safety. This program will help parents anticipate their newborn’s needs and may help them to formulate questions for healthcare providers.

..... daily

Eastern	3:00 am	11:00 am	7:00 pm
Central	2:00 am	10:00 am	6:00 pm
Mountain	1:00 am	9:00 am	5:00 pm
Pacific	12:00 am	8:00 am	4:00 pm

A Mother's Gift

A unique gift that only new mothers can provide, this program answers all of mom’s questions about breastfeeding. Dr. Lillian M. Beard, a Fellow of the American Academy of Pediatrics, offers advice that helps eliminate moms’ fears of breastfeeding.

..... daily

Eastern	4:30 am	12:30 pm	8:30 pm
Central	3:30 am	11:30 am	7:30 pm
Mountain	2:30 am	10:30 am	6:30 pm
Pacific	1:30 am	9:30 am	5:30 pm

Baby Basics

Bringing home a new baby can be daunting. Our program, Baby Basics, will help new parents get through the first few months. Parents will learn about immunizations, mothering instincts, and the value of play.

..... daily

Eastern	6:30 am	2:30 pm	10:30 pm
Central	5:30 am	1:30 pm	9:30 pm
Mountain	4:30 am	12:30 pm	8:30 pm
Pacific	3:30 am	11:30 am	4:00 pm

Healthy Mother

Baby isn’t the only one that needs special care. In our program, Healthy Mother, moms will learn how to cope with postpartum depression and how to recover from a C-section.

..... daily

Eastern	8:30 am	4:30 pm	12:30 am
Central	7:30 am	3:30 pm	11:30 pm
Mountain	6:30 am	2:30 pm	10:30 pm
Pacific	5:30 am	1:30 pm	9:30 pm

For more information on other programming on The Patient Channel ask your healthcare provider or visit us online at thepatientchannel.com

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