


TOPIC : PARENTING PROGRAMMING SPONSORED BY HUGGIES

PACIFIC TIME SCHEDULE • JUNE 28,2010 - SEPTEMBER 26, 2010 • TOPIC: PARENTING						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:30am • 1:30pm • 9:30pm						
Healthy Mother						
12:00am • 8:00am • 4:00pm						
Newborn Care						
1:30am • 9:30am • 5:30pm						
A Mother's Gift						
3:30am • 11:30am • 7:30pm						
Baby Basics						

RELATED LIFESTYLE PROGRAMS:							
Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
4:30am 12:30pm 8:30pm						Alcohol and Drug Addiction	
12:30am 8:30am 4:30pm	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today
2:00am 10:00pm 6:00pm	Staying Safe in the Hospital: Patient Essentials	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Staying Safe in the Hospital: Patient Essentials	Patient Safety: Doctors' Stories
5:00am 1:00pm 9:00pm			Nutritional Needs: Prescription For Health				Physical Activity: Improving Your Health