


TOPIC : PARENTING PROGRAMMING SPONSORED BY HUGGIES

CENTRAL TIME SCHEDULE • JUNE 28,2010 - SEPTEMBER 26, 2010 • TOPIC: PARENTING						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7:30am • 3:30pm • 11:30pm						
Healthy Mother						
2:00am • 10:00am • 6:00pm						
Newborn Care						
3:30am • 11:30am • 7:30pm						
A Mother's Gift						
5:30am • 1:30pm • 9:30pm						
Baby Basics						

RELATED LIFESTYLE PROGRAMS:							
Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30am 2:30am 10:30pm						Alcohol and Drug Addiction	
2:30am 10:30am 6:30pm	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today
4:00am 12:00pm 8:00pm	Staying Safe in the Hospital: Patient Essentials	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Staying Safe in the Hospital: Patient Essentials	Patient Safety: Doctors' Stories
7:00am 3:00pm 11:00pm			Nutritional Needs: Prescription For Health				Physical Activity: Improving Your Health