


TOPIC : LUNG DISEASE

| PACIFIC TIME SCHEDULE • JUNE 28, 2010 - SEPTEMBER 26, 2010 • TOPIC: LUNG DISEASE | | | | | | |
|---|---|---|---|------------------------------------|-----|---|
| Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
| 6:00am • 2:00pm | | | | | | |
| Asthma: One Breath At A Time | Preventing Flu and Pneumonia | Emphysema & Chronic Bronchitis: Coming Up For Air | Nasal Congestion & Controlling Your Allergies | Preventing Flu and Pneumonia | --- | Emphysema & Chronic Bronchitis: Coming Up For Air |
| 10:00pm | | | | | | |
| Preventing Flu and Pneumonia | Emphysema & Chronic Bronchitis: Coming Up For Air | Nasal Congestion & Controlling Your Allergies | Preventing Flu and Pneumonia | --- | --- | Asthma: One Breath At A Time |

RELATED LIFESTYLE PROGRAMS:

| Time | Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|-----------------------------|---|---|--|---|--|--|---|
| 10:30pm | | Taking Medications Safely | | | | | |
| 6:30am 2:30pm | | | Taking Medications Safely | | | | |
| 11:00pm | | | | | Healthy Aging | | |
| 7:00am 3:00pm | | | | | | Healthy Aging | |
| 12:30am 8:30am 4:30pm | Stop Smoking Today | Smoking Cessation: One Day at a Time | Stop Smoking Today | Smoking Cessation: One Day at a Time | Stop Smoking Today | Smoking Cessation: One Day at a Time | Stop Smoking Today |
| 2:00am 10:00pm 6:00pm | Staying Safe in the Hospital: Patient Essentials | Hospital Stays: What You Need To Know | Patient Safety: Protecting Yourself in the Hospital | Hospital Stays: What You Need To Know | Patient Safety: Protecting Yourself in the Hospital | Staying Safe in the Hospital: Patient Essentials | Patient Safety: Doctors' Stories |
| 3:00am 11:00pm 7:00pm | Preventing High Cholesterol | Managing High Cholesterol | Controlling Cholesterol | Preventing High Cholesterol | Managing High Cholesterol | Controlling Cholesterol | Preventing High Cholesterol |
| 5:00am 1:00pm 9:00pm | Understanding Obesity: The Key to Weight Loss | | Nutritional Needs: Prescription For Health | Understanding Obesity: The Key to Weight Loss | | Taking Antibiotics Properly | Physical Activity: Improving Your Health |