


TOPIC : LUNG DISEASE

CENTRAL TIME SCHEDULE • JUNE 28, 2010 - SEPTEMBER 26, 2010 • TOPIC: LUNG DISEASE						
12:00am • 8:00am • 4:00pm						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Asthma: One Breath At A Time	Preventing Flu and Pneumonia	Emphysema & Chronic Bronchitis: Coming Up For Air	Nasal Congestion & Controlling Your Allergies	Preventing Flu and Pneumonia	---	---

RELATED LIFESTYLE PROGRAMS:

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
12:30am 8:30am 4:30pm			Taking Medications Safely				
1:00am 9:00am 5:00pm						Healthy Aging	
2:30am 10:30am 6:30pm	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today
4:00am 12:00pm 8:00pm	Staying Safe in the Hospital: Patient Essentials	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Staying Safe in the Hospital: Patient Essentials	Patient Safety: Doctors' Stories
5:00am 1:00pm 9:00pm	Preventing High Cholesterol	Managing High Cholesterol	Controlling Cholesterol	Preventing High Cholesterol	Managing High Cholesterol	Controlling Cholesterol	Preventing High Cholesterol
7:00am 3:00pm 11:00pm	Understanding Obesity: The Key to Weight Loss		Nutritional Needs: Prescription For Health	Understanding Obesity: The Key to Weight Loss		Taking Antibiotics Properly	Physical Activity: Improving Your Health