


TOPIC : DIABETES

PACIFIC TIME SCHEDULE • JUNE 28, 2010 - SEPTEMBER 26, 2010 • TOPIC: DIABETES 2:30am • 10:30am • 6:30pm						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Diabetes: Prevention	Diabetes: Treatments	Diabetes: Avoiding Complications	Diabetes: Prevention	Diabetes: Treatments	Diabetes: Avoiding Complications	Managing Your Diabetes

<u>RELATED LIFESTYLE PROGRAMS:</u>							
Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
10:30pm	Taking Medications Safely						
6:30am 2:30pm		Taking Medications Safely					
11:00pm					Healthy Aging		
7:00am 3:00pm						Healthy Aging	
12:30am 8:30am 4:30pm	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today
2:00am 10:00pm 6:00pm	Staying Safe in the Hospital: Patient Essentials	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Staying Safe in the Hospital: Patient Essentials	Patient Safety: Doctors' Stories
3:00am 11:00pm 7:00pm	Preventing High Cholesterol	Managing High Cholesterol	Controlling Cholesterol	Preventing High Cholesterol	Managing High Cholesterol	Controlling Cholesterol	Preventing High Cholesterol
5:00am 1:00pm 9:00pm	Understanding Obesity: The Key to Weight Loss		Nutritional Needs: Prescription For Health	Understanding Obesity: The Key to Weight Loss		Taking Antibiotics Properly	Physical Activity: Improving Your Health