


TOPIC : DIABETES

<u>CENTRAL</u> TIME SCHEDULE • JUNE 28, 2010 - SEPTEMBER 26, 2010 • TOPIC: DIABETES						
4:30AM • 12:30PM • 8:30PM						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Diabetes: Prevention	Diabetes: Treatments	Diabetes: Avoiding Complications	Diabetes: Prevention	Diabetes: Treatments	Diabetes: Avoiding Complications	Managing Your Diabetes

<u>RELATED LIFESTYLE PROGRAMS:</u>							
Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
12:30am 8:30am 4:30pm		Taking Medications Safely					
1:00am 9:00am 5:00pm						Healthy Aging	
2:30am 10:30am 6:30pm	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today
4:00am 12:00pm 8:00pm	Staying Safe in the Hospital: Patient Essentials	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Staying Safe in the Hospital: Patient Essentials	Patient Safety: Doctors' Stories
5:00am 1:00pm 9:00pm	Preventing High Cholesterol	Managing High Cholesterol	Controlling Cholesterol	Preventing High Cholesterol	Managing High Cholesterol	Controlling Cholesterol	Preventing High Cholesterol
7:00am 3:00pm 11:00pm	Understanding Obesity: The Key to Weight Loss		Nutritional Needs: Prescription For Health	Understanding Obesity: The Key to Weight Loss		Taking Antibiotics Properly	Physical Activity: Improving Your Health