



TOPIC: DIABETES

Pacific Time Program Schedule • September 26, 2011 - December 25, 2011

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM 3:00 PM	Diabetes: Prevention	Diabetes: Treatments	Diabetes: Avoiding Complications	Diabetes: Prevention	Diabetes: Treatments	Diabetes: Avoiding Complications	Managing Your Diabetes
11:00 PM	Diabetes: Treatments	Diabetes: Avoiding Complications	Diabetes: Prevention	Diabetes: Treatments	Diabetes: Avoiding Complications	Managing Your Diabetes	Diabetes: Prevention
dLife Program							
2:30 AM 10:30 PM 6:30 PM	dLife: All Stars of Diabetes	dLife: Diabetes Choices at the Grocery Store	dLife: Dr William Polonsky on Diabetes Management	dLife: The Story of Insulin	dLife: Facebook	dLife: Tips to Better Control Blood Sugar	Understanding Obesity: The Key to Effective Weight Loss

Related Lifestyle Programs

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:30 AM 8:30 AM 4:30 PM	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today
2:00 AM 10:00 PM 6:00 PM	Staying Safe in the Hospital: Patient Essentials	Hospital Acquired Infections: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Hospital Acquired Infections: What You Need To Know	Staying Safe in the Hospital: Patient Essentials	Hospital Acquired Infections: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital
3:00 AM 11:00 PM 7:00 PM	Deep Vein Thrombosis Are You at Risk?	Managing High Cholesterol	Controlling Cholesterol	Deep Vein Thrombosis Are You at Risk?	Managing High Cholesterol	Controlling Cholesterol	Deep Vein Thrombosis Are You at Risk?
4:30 AM 12:30 PM 8:30 PM		Taking Medications Safely		Taking Medications Safely		Healthy Aging	
6:00 AM 2:00 PM	Taking Antibiotics Properly	Preventing Flu And Pneumonia		Preventing Flu And Pneumonia	Nutritional Needs: Prescription For Health	Physical Activity: Improving Your Health	Tests That Can Save Your Life
10:00 PM	Preventing Flu And Pneumonia		Preventing Flu And Pneumonia	Nutritional Needs: Prescription For Health	Physical Activity: Improving Your Health	Tests That Can Save Your Life	Taking Antibiotics Properly