


TOPIC : CANCER

MOUNTAIN TIME SCHEDULE • JUNE 28, 2010 - SEPTEMBER 26, 2010 • TOPIC: CANCER 5:00AM • 1:00PM • 9:00PM						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Living with Cancer	Preventing Colon Cancer	Lung Cancer: Improving Survival	Breast Cancer: New Reasons For Hope	Cancer Related Fatigue	Cancer & Nutrition	Living With Prostate Cancer

<u>RELATED LIFESTYLE PROGRAMS:</u>							
Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7:30am 3:30am			Taking Medications Safely				
11:30pm		Taking Medications Safely					
12:00am 8:00am 4:00pm						Healthy Aging	
1:30am 9:30am 5:30pm	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today	Smoking Cessation: One Day at a Time	Stop Smoking Today
3:00am 11:00am 7:00pm	Staying Safe in the Hospital: Patient Essentials	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Hospital Stays: What You Need To Know	Patient Safety: Protecting Yourself in the Hospital	Staying Safe in the Hospital: Patient Essentials	Patient Safety: Doctors' Stories
6:00am 2:00pm 10:00pm			Nutritional Needs: Prescription For Health				Physical Activity: Improving Your Health